

https://www.eastwalesathletics.co.uk/

## Meeting of East Wales Regional Athletics Council, Wednesday 14<sup>th</sup> December 2022, via Microsoft Teams. 6:30pm

## **Present:**

Joyce Tomala, (JT) Christine Vorres(CV), Charlotte Moran(CM), Paul Adams(PA), Chris Davies(CD), James Blore(JB), Lynette Harries(LH), Nicola Brunnock (LB), Tom Meredith(TM), James Williams (JW), Steve Mitchell (SM), Rhys Williams(RW), Darryn McAttee(DM), Peter Hitching (PH).

Agenda Item		Discussion	Action Points
1.	Apologies	Jeanette and Martyn Jenkins, Tom Cole, Dawn Gully, Keiron Hearne, Keith Matthews, Becky Gibbs, Derek	
		Osborne, Randal Jones.	
2.	Conflict of Interest	None declared	
3.	Welsh Athletics Presentation James Williams, CEO.	James Williams informed the meeting about the following:  a) Challenges facing the sport – especially in light of UKA making a significant loss last year. He advised that this is likely to impact on grants, and the home nations will be taking up some of the tasks previously done by UKA – such as Officials and Coaches training and event licensing. This will facilitate a refining of the pathway in relation to Officials qualifications.	James W to ask WA Volunteer Manager to contact clubs to ask what help they can offer regarding volunteer recruitment.
		<ul> <li>b) The impact of rising costs on sport facilities. He asked clubs to consider amending training to lessen the cost to our colleagues in the facilities industry, the example he gave was the cost of floodlights – can training be done at other times of the week He stressed we must work with local authorities and explore how we may support facility operators. James mentioned exploring the possibility to obtain grants from Lottery &amp; Sport Wales. The members discussed various locations and facilities.</li> <li>c) Licensed track events and the Track Mark Scheme. James updated the members on how this will impact on events and the work that they are doing to support some clubs to obtain accreditation. Level 1 track events will not be impacted at the moment,</li> </ul>	Joyce asked James to feedback to staff to organise webinars etc around the governance calendar, there were two clashes with tonight's regional meeting. Regional dates are set in December for the following year.

but Level 2 events can only be licenced to take place on fully accredited facilities.

- d) Welsh Athletics are reviewing the Roles and Responsibilities of the development team. An update will be provided early next year.
- e) Club Leaders Conference. James said how they are keen to have face to face meetings to discuss what challenges the clubs and the run Leaders are facing in order to explore how WA can help. The members discussed sub-groups and partnerships with Public
- f) List of championship races has been published, along with the international race list and selection policy.

Health Wales, (possibly with a view to providing grants), also the need for more volunteers, the challenges that clubs face in recruiting suitable

volunteers.

- g) An update on new roles WA will be introducing and new faces within WA.
- h) In an effort to understand fully what is going on with clubs the Ask Us Sessions will restart. The series of webinars will continue, dealing with issues raised by clubs. James asked members to contact WA if they have queries.
- i)JT reminded JW that WA had agreed to send a comprehensive list of grants available to regions and clubs at the AGM.

Finally, James thanked the clubs for the work that they do in our community.

## Representative **Opportunities** Steve Mitchell

Steve outlined the pathway for athletes to represent their Region, Wales and then GB. He states that it is a large jump from representing Wales to representing GB. He is exploring the idea of tiers to make the pathway more defined.

Moving forward it is intended that selection races and championship races will be announced early to allow athletes to train for them.

Steve asked clubs to suggest high quality races in our region that may be suitable to send teams to. There followed a discussion regarding events and travelling costs – and supporting local club events for club championship events.

Joyce suggested clubs share best practice on the East Wales website and social media sites.

JW to ensure WA staff provide details of grants available.

## 5. Discussion points

- i. Paul Adams told the members that with the exception of Caerphilly running club, all winners of the Road Race Championships have been given their trophies. The events for the 2023 Championships have been announced. Joyce thanked Paul for his hard work organising the Champs.
- ii. Inter-Regional Road Race Championships This has been agreed to be a 10k race in Wrexham. The Helena Tipping 10k. Members present agreed that East Wales would support this event.
- iii. Tom Meredith told the members how well the Junior Development day was received, and he is hoping to arrange another for senior athletes, specifically, those who do not normally run on the fells. WA also organise development days for athletes for athletes in South Wales. He discussed championship races and selection races for 2023
- 6. Reports
  i. Finance Keith
  Matthews
  ii. Network Officers
  Report Tom Cole
  iii. Gen. Council LH
  iv. Track & Field
  Report- JT
  v. Cross Country/Road
   DO
  v(i) XC Regional and
  Interregional
  Champs DM
  vi. Trail and Mountain
  Report
- **i. Finance Report** sent ahead of the meeting. There were no queries
- **ii. Network Officers Report** sent ahead of the meeting. Joyce asked if Tom Cole was reaching the clubs the response was negative
- iii.General Council Report sent ahead of the meeting. Lynette told the members of the challenges the *General Council* face regarding communication and inclusion. She has created an Aid Memoir to outline the way forward for the council.
- **Iv.Track & Field Report** Sent ahead of the meeting. The intention is that the new Inter-club challenge competition will be run by clubs not WA. Further updates will be coming from Rhiannon from WA.
- V.Cross Country/Road Report submitted
  XC Regional and Interregional Champs. Clubs must
  ensure their contact details are kept up to date to ensure
  people know about the championship races. Medals for
  the events all issued. Thanks to Sandra Chipper, James
  Blore and Darryn for their hard work putting together
  excellent teams, and thanks to the athletes who took
  part. Slight drop in U15's retention is a problem within
  most clubs. A few notable points
  \*WA parking should be free at the events, WA should
  negotiate free parking for athletes.
- \*3 hour gap between snr male and snr female races is too long
- \*Some kit not available in time for events

JT to take the following issues to WA regarding Cross Country Championships. Parking should be free at the events; WA should negotiate free parking for athletes at XC Events. 3 hour gap between snr male and snr female races is too long

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	The members discussed events	WA website club
	vi. Trail and Mountain report submitted for meeting.	contacts not up
	Feedback from the beginner's development day has been	to date.
	very positive. Further days are being organised, and	JT to follow up kit
	possibly an adult one too.	issue with Total
		Teamwear.
7. AOB	Joyce congratulated recent WA Award winners from East	JT to enquire
	Wales and thanked those who nominated them.	with James
		Williams if region
	Grant Officer – JT The region needs a grant officer and	would be allowed
	will possibly offer a % of grants awarded to the officer.	to pay a % of
	She has asked WA for a list of grants available.	funds raised to a
		grants officer.
	Eligibility JT clarified that eligibility to race for East Wales	
	is based on where the athlete lives or was born, not	JT to follow up
	where their club is. (Eligibility is defined in WA Byelaws	queries regarding
	16.2)	eligibility
	JB – Stated that the borders for residency eligibility is	
	cloudy in some areas – there is not a map of a clear	
	boundary	
	JT asked the members to consider topics for future	
	meetings.	
	PH advised the meeting that it is worth applying for	
	grants even if you feel you do not meet the criteria laid	
	down	
	Date of next meeting is 15 February 6.30pm	
	The meeting finished at 8.15pm	
	Dates of Future meetings:	
	1. Wednesday 19 <sup>th</sup> April 2023	
	2. Wednesday 14 <sup>th</sup> June 2023 (AGM)	
	3. Wednesday 16 <sup>th</sup> August 2023	
	4. Wednesday 18 <sup>th</sup> October 2023	
	5. Wednesday 13 <sup>th</sup> December 2023	

Minutes written by Christine Vorres 16/12/2022